



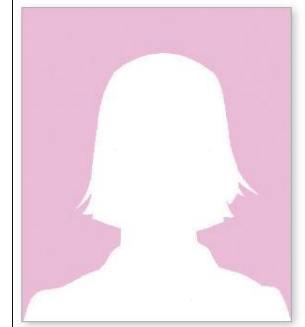
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Friday, August 09, 2019

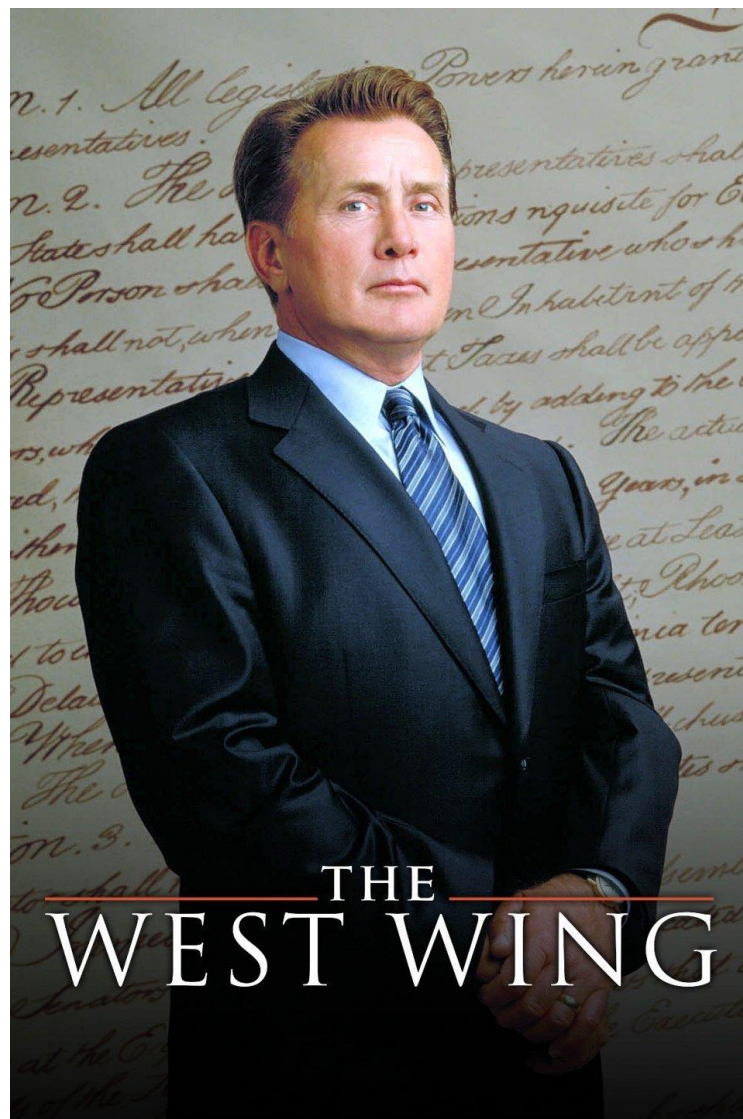
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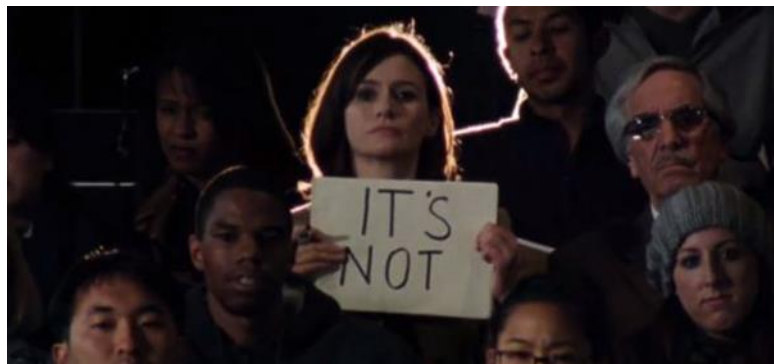
16:30 - 18:30 WS #54: Paediatric Forum (120mins, not repeated)

The importance of early life experiences:



*using a risk and resilience framework to strengthen
family well-being*







Children are missing out on the things that they need

Material Hardship

**135,000
NZ KIDS**
LIVE IN HOUSEHOLDS
THAT GO WITHOUT **7**
OR MORE THINGS
THEY NEED

12%
OF KIWI KIDS



**70,000
NZ KIDS**
LIVE IN HOUSEHOLDS
THAT GO WITHOUT **9**
OR MORE THINGS
THEY NEED

6%
OF KIWI KIDS

LESSER
HARDSHIP

LIST OF 17 THINGS THAT HOUSEHOLDS ARE GOING WITHOUT

2017

GREATER
HARDSHIP

0 | 1 | 2 | 3 | 4 | 5 | 6 | **7** | 8 | **9** | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17

**1 in 3 Maori
and Pasifika
children live in
income
poverty**



What's behind New Zealand's shocking youth suicide rate?

By Andreas Illmer
BBC News

🕒 15 June 2017

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Think of New Zealand and what likely comes to mind is beautiful nature - fjords, mountains and magnificent landscapes, vast, empty and endless.

But for years already, the country has been struggling with another form of isolation - depression and suicide.

A new **report by Unicef** contains a shocking statistic - New Zealand has by far the highest youth suicide rate in the developed world.

A shock but no surprise - it's not the first time the country tops that table.

Growing Up in New Zealand Study

GUINZ participants ACE by 54 month interview
n=5500

- Childhood adversity is common
- Emotional abuse and physical abuse are the most common adverse experiences

Adverse childhood experience (ACE)		Percent of GUINZ children experiencing ACE
Child emotional abuse indicator		23.6%
Child physical abuse indicator		19.8%
Parent or partner indicator for illegal street drugs use		10.8%
Parent or partner indicator for depression		10.5%
Parent separation or divorce indicator		10.2%
Parent or partner intimate violence indicator		6.6%
Parent or partner indicator for problem drinker or alcoholic		4.5%
Parent or partner indicator for conviction and jail time		1.8%
Total aces		
0		47.2%
1		29.8%
2		14.5%
3		6.0%
4 or more		2.6%

About 8% of children experienced difficulties

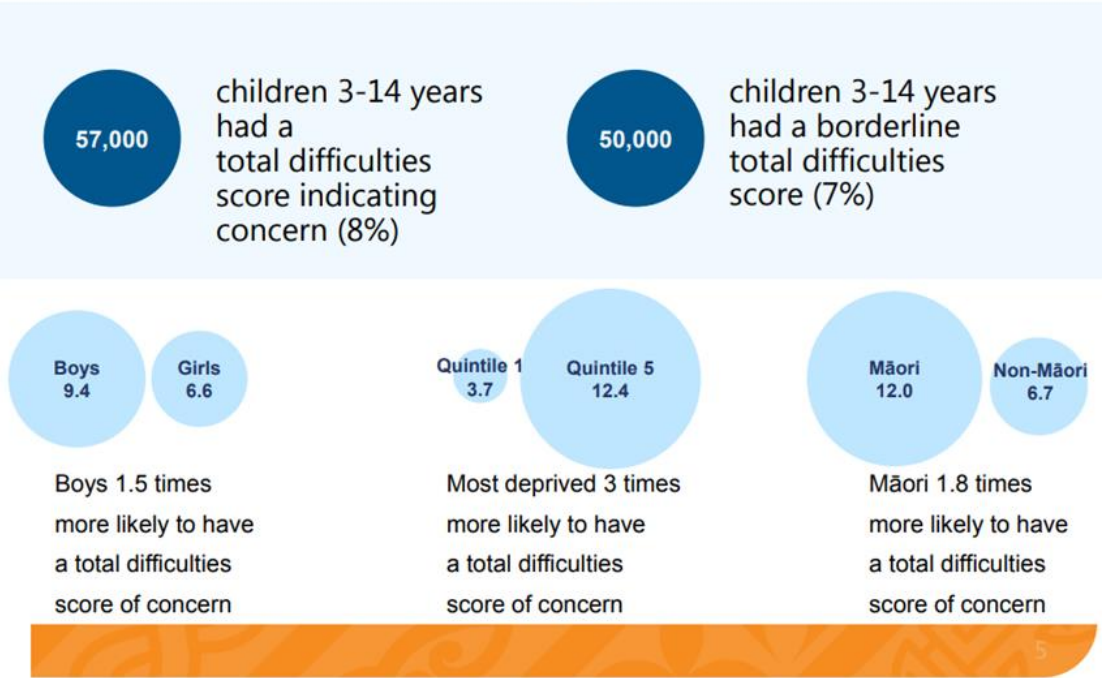
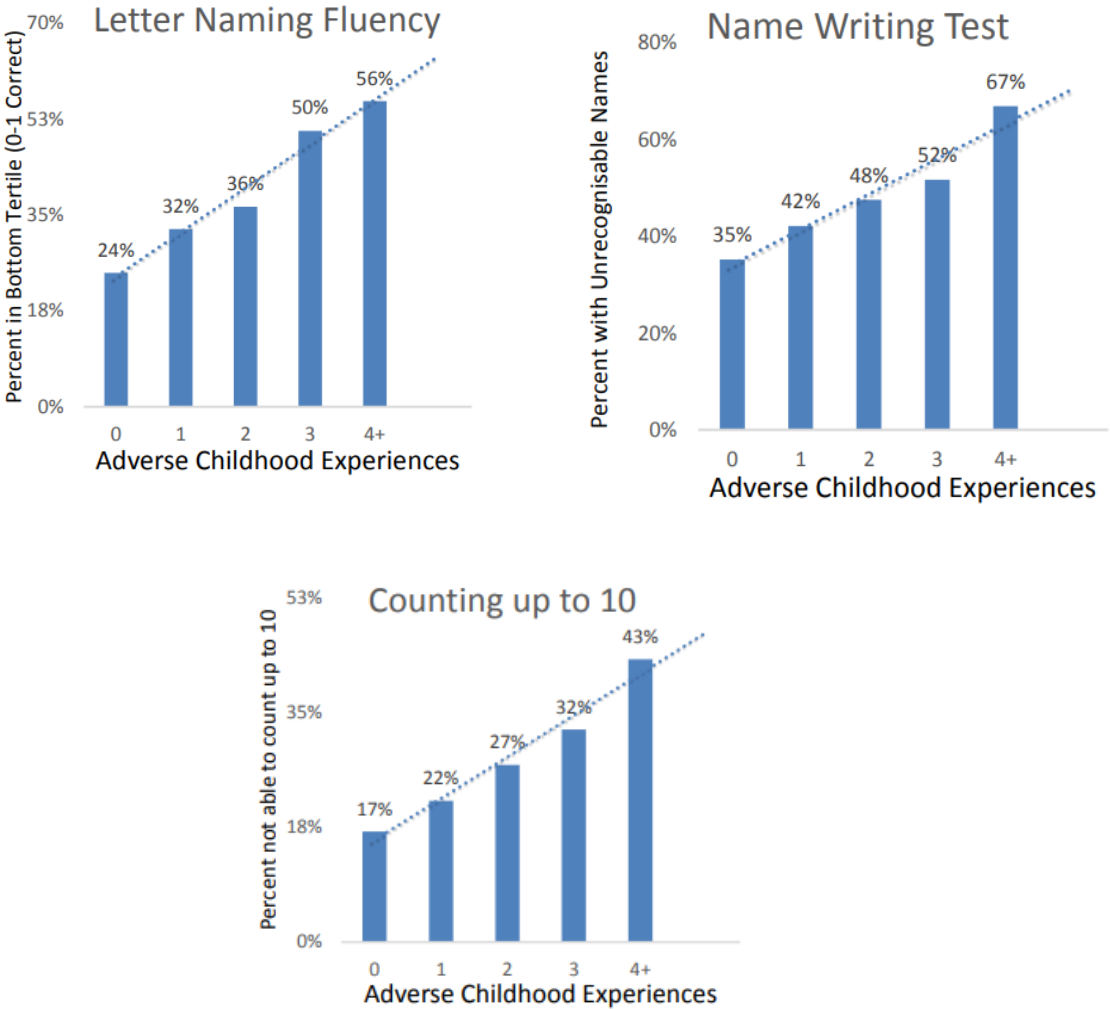
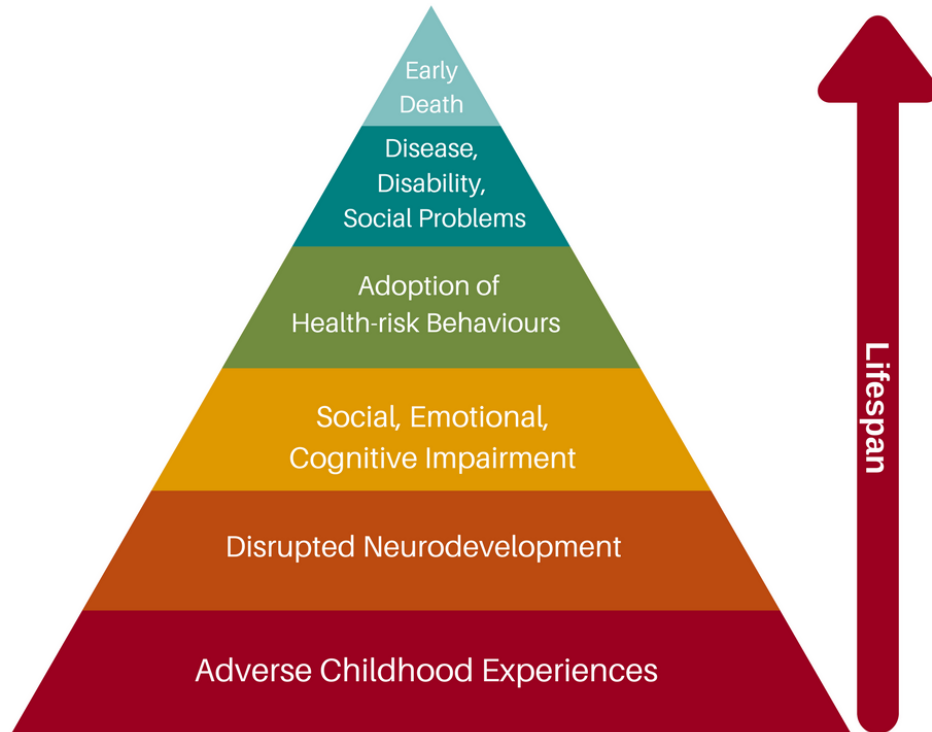


Figure 1: Percent of Growing Up in New Zealand children who were in the low performance categories for two school readiness tests by the number of adverse childhood experiences, New Zealand, 2009-2015



“ Adverse childhood experiences are the single greatest unaddressed public health threat facing our nation today ”

Dr. Robert Block, the former President of the American Academy of Pediatrics



4 or more ACEs

3x the levels of lung disease and adult smoking



14x the number of suicide attempts

4.5x

more likely to develop depression



11x the level of intravenous drug abuse



4x as likely to have begun intercourse by age 15

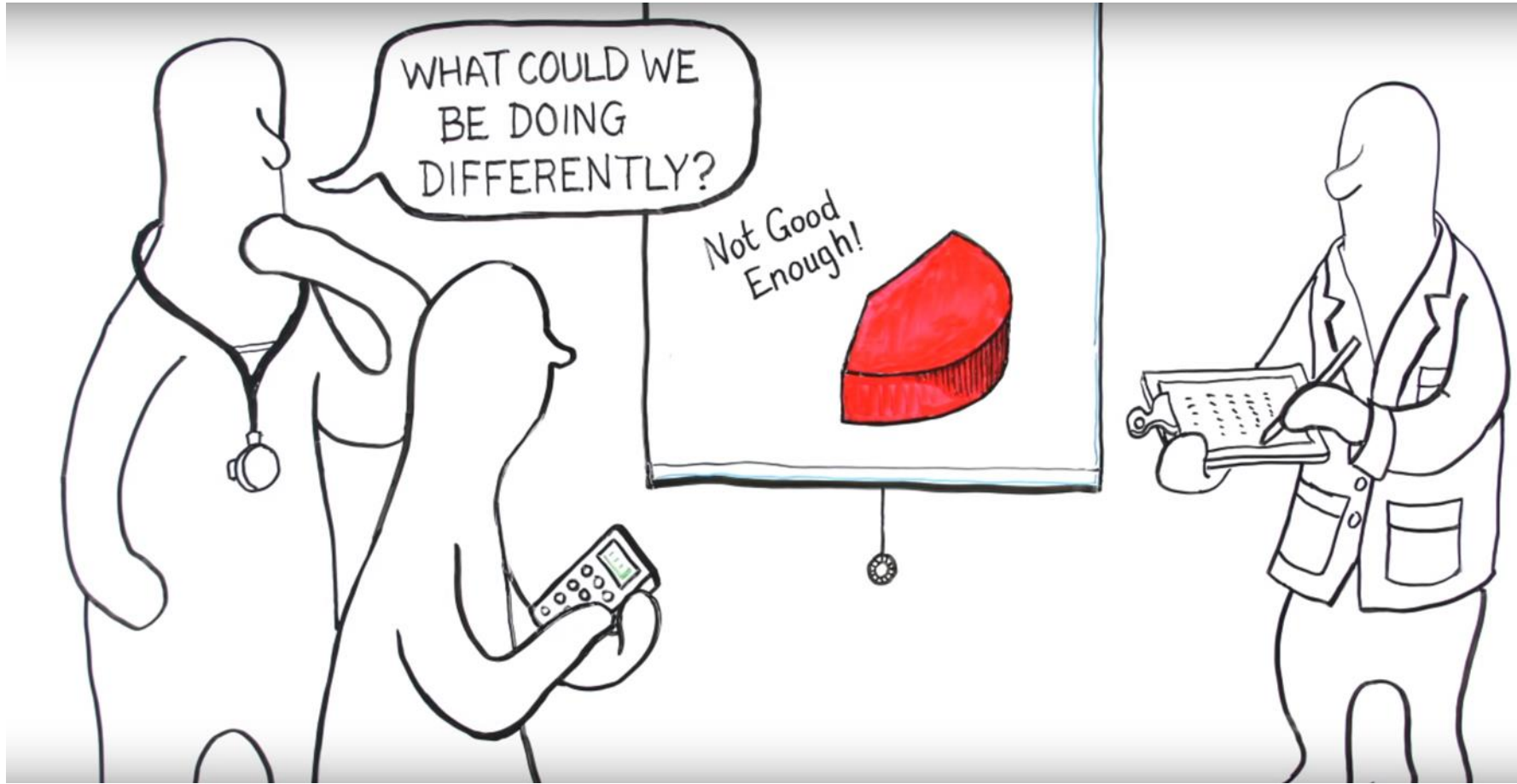
2x

the level of liver disease



The Front Line





Screening for Adversity

Important but.....challenging

- Who to screen?
- When to screen?
- How to screen?
- What to do with results?
- Risk vs benefit?
- Time and cost?



Contents lists available at [ScienceDirect](#)

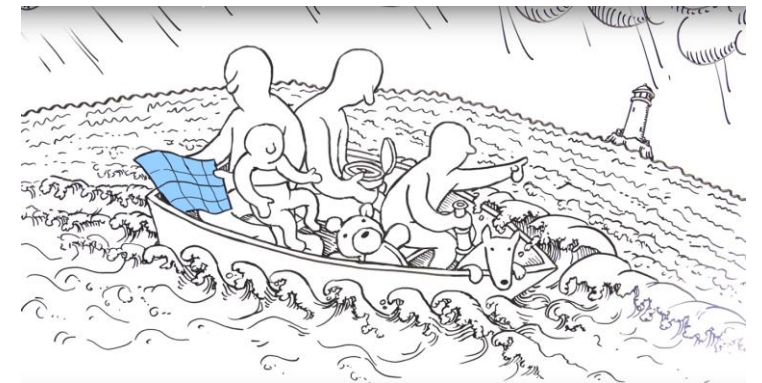
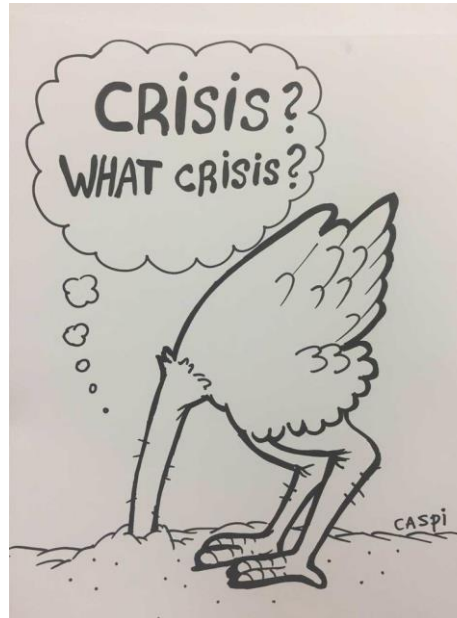
Child Abuse & Neglect

journal homepage: www.elsevier.com/locate/chiabuneg

Full Length Article

Screening for adverse childhood experiences (ACEs): Cautions and suggestions

David Finkelhor



What did patients say?^c

ACE questionnaires were...

Understandable & clear 96%

The GP surgery is...

A suitable place to ask 87%

ACE enquiry is...

Important 81%

Acceptable 85%

60%

of patients with ACEs said it was the first time they had told a health professional about these experiences^a



What did practitioners say?^d

The use of a **structured tool** to enquire about ACEs was welcomed for **lessening the cognitive and emotional demand** on patients.

ACE enquiry resulted in largely **negligible impacts** on individual **consultation time**. However, some inherent features of general practice, such as patients arriving late for appointments, created **barriers to the completion of ACE questionnaires**.

Concerns about overall **service demand** and increased need for **specialist support** were **not realised during the pilot**. No patient was upset or distressed by delivery of agreed models of ACE enquiry.

Although **flexible** models of delivery allowed the ACE enquiry pilot to be adapted to other competing demands, **diversion from standard processes** (e.g. for booking in) resulted in some additional **burden for administrative staff and confusion for patients**.

Having knowledge of ACEs **improved understanding** of and **empathy** towards patients, allowing practitioners to provide a **more holistic approach** to patient care.

ACE enquiry provided **novel information** that countered prior assumptions about patients and was considered **important for informing future diagnoses and treatment**.



Protective Factors







Parent

- eye contact
- communication
- response to infant cues
- emotionally dysregulated/shut down
- supporting development
- safety in mind



Infant

FEVAR

Facial expression

Eye contact

Vocalisations

Activity level

Relationship (connection)



A photograph of a man with a beard and short hair, wearing a dark blue shirt, holding a young child with dark hair in a grey shirt. They are both looking at each other. The image is framed by a thick orange border. The text "Every parent has what it takes to be a brain builder." is written in orange, bold, sans-serif font in the center. Below the text is a small orange chevron pointing downwards. The bottom of the image features a large orange semi-circle.

**Every parent has what
it takes to be a brain
builder.**



Family Protective Factors

CENTER FOR THE STUDY
OF SOCIAL POLICY'S

strengthening families™
A PROTECTIVE FACTORS FRAMEWORK

Parental resilience

Social connections

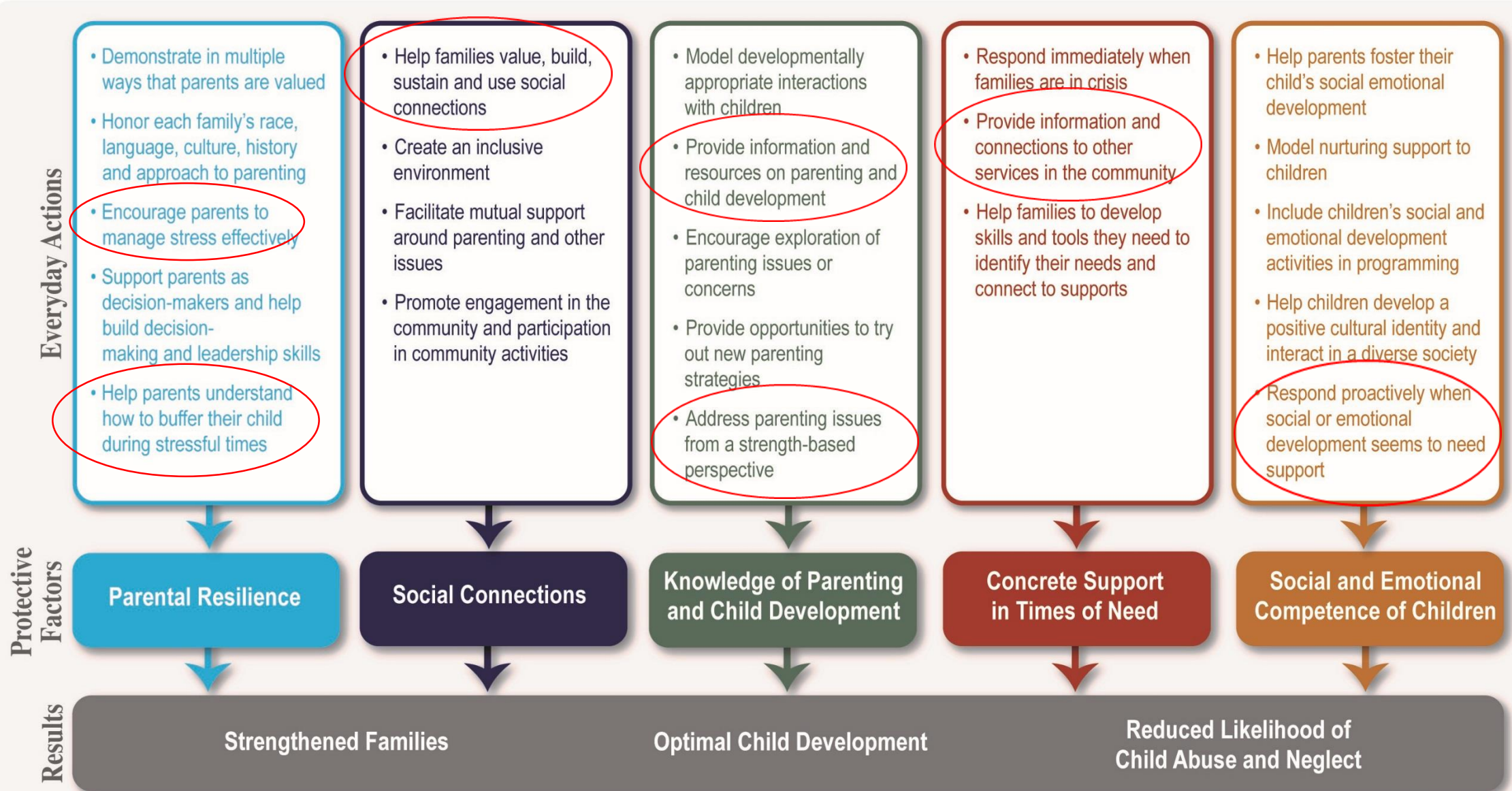
Knowledge of
parenting and child
development

Concrete support in
times of need

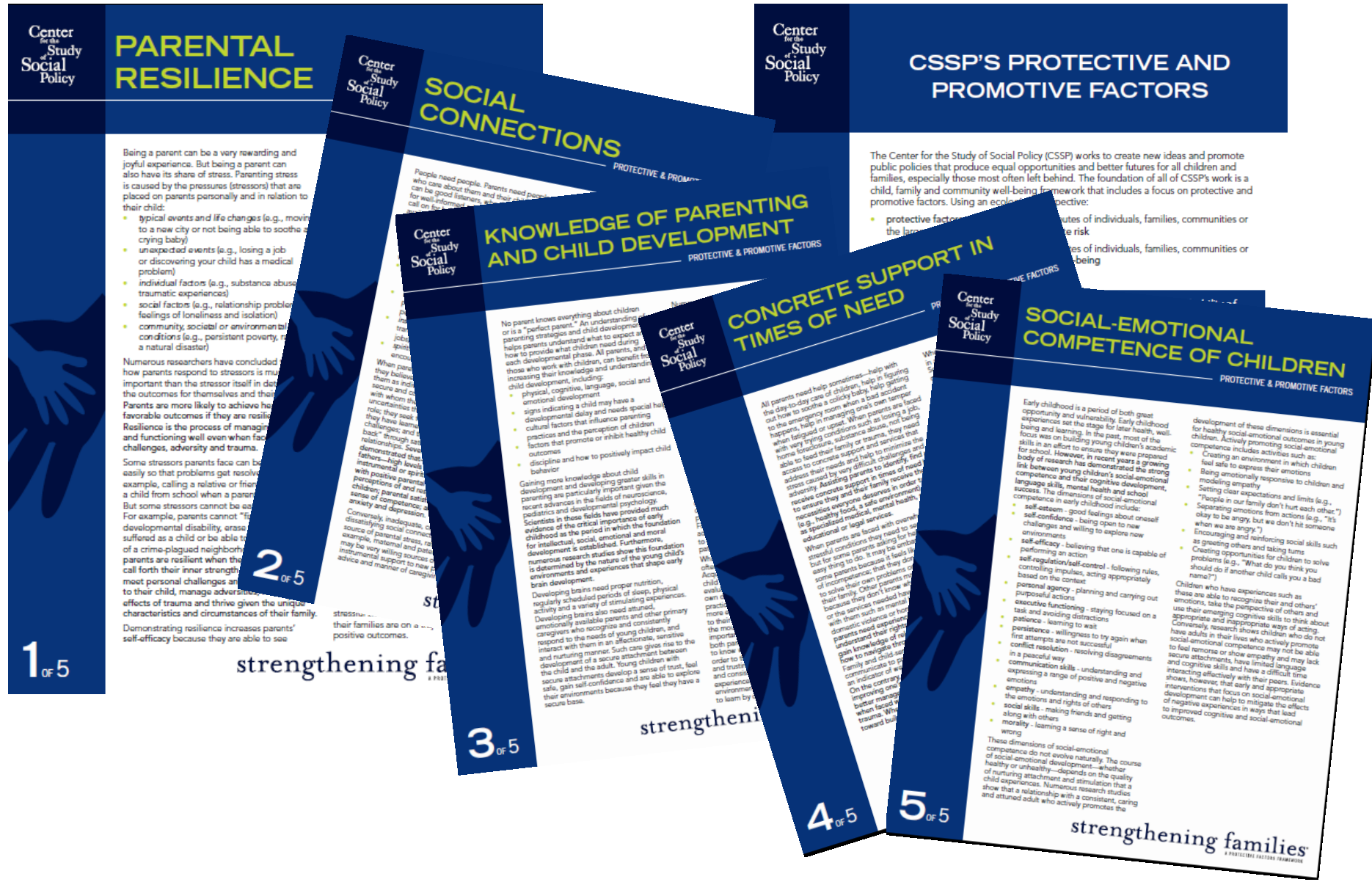
Social and
emotional
competence of
children

The Pathway to Improved Outcomes for Children and Families

Everyday Actions That Help Build Protective Factors



Many resources available at
www.strengtheningfamilies.net





Early Start Project



Work and Income
Te Hiranga Tangata



WOMEN'S REFUGE



Barnardos DO MORE FOR KIWI KIDS



Bellyful

NEW ZEALAND



Te Puawaitanga
ki Ōtautahi Trust



New Zealand's most shameful secret: 'We have normalised child poverty'

One-third of the country's children, or 300,000, now live below the poverty line - 45,000 more than a year ago



▲ Emily Saitu and her family inside their motel room in South Auckland. Photograph: Eleanor Ainge Roy

For 14 days and 14 nights Elijah Saitu, 15, has lived in a damp motel room, bordered by KFC to the left and a Denny's 24-hour takeaway to the right.

He spends his days watching music videos on television and eating white bread, tinned sardines, fizzy drinks and packets of chips.

"He's suffocating," says Elijah's mother, Emily Fiamé Saitu, who has been begging the government to help her family.

"It's cut-throat in [New Zealand](#). If you're struggling you get left behind."

New Zealand's world-first 'wellbeing' budget to focus on poverty and mental health

Country claims to be the first to measure success by people's wellbeing



▲ While New Zealand's economy is thriving, many people have been left behind. Photograph: Murdo Macleod/The Guardian

Child poverty, domestic violence and mental health will be the priorities in New Zealand's "wellbeing budget", the finance minister has announced, with the nation declaring itself the first in the world to measure success by its people's wellbeing.

Resources

- <https://www.brainwave.org.nz/> Brainwave Trust NZ
- www.zerotothree.org Zero to Three Resources
- <https://developingchild.harvard.edu/> Harvard – Science of Early Child Development
- <https://cssp.org/wp-content/uploads/2018/08/ProtectiveFactorsActionSheets.pdf> Using Strengthening Families Framework
- www.raisingchildren.net.au www.raisingchildren.org.nz Parenting websites
- <http://www.copmi.net.au/> Resources for families parenting with mental illness
- <https://www.imhaanz.org.nz/about/> Infant Mental Health Association NZ
- <https://cpeip.fsu.edu/mma/> Resources and online modules on infant mental health